

## **Suggested Home Learning Schedule -EYFS**

As your child is in Early Years we recognise that your daily routine at home will be very much dependent on your child and their needs. However we have created this suggested timetable so that if you wish to organise your day in a similar way to our school day this should help you to do so.

It is designed to be flexible and is only a suggestion, feel free to organise your day in a way that suits your child and your family.

<b>Time</b>	<b>Activity</b>	<b>Further possible ideas and suggestions</b>
7.00am – 9am	Wake up	Help to make breakfast, get dressed, tidy room, read or share a book, play with brothers and sisters
9am - 9.30am	Focussed Learning Time	Choose one or two activities from our Home Learning Projects: Reading, Writing, Maths, RE, Topic work
9.30 11:00am	Play & Learn Time	Free play inside or outside, including a time for a healthy snack during this time
11:30 –	Focussed Learning Time	Choose one or two activities from our Home Learning Projects: Reading, Writing, Maths, RE, Topic work
11.30 – 12:00	Lunch	Family time talk to one another about your day, your plans for the rest of the day
12.00 – 1:00 pm	Afternoon outside activity free time	Play in the garden, make a den, play 'It' with brothers and sisters, ride a bike or scooter
1:00 – 1:30 pm	Focussed Learning Time	Choose one or two activities from our Home Learning Projects: Reading, Writing, Maths, RE, Topic work
2-3pm	Play & Learn Time	Free play inside or outside, including a time for a healthy snack during this time
3-4pm	Creative Time	Painting, colouring, junk modelling, Lego activity cooking, baking
4-5pm	Quiet time	Reading, playing a board game, doing a jigsaw puzzle, colouring in
5-6pm	Dinner	Help with getting dinner ready, setting the table and clearing away
6-7pm	Bedtime	Bath time, get ready for bed Share a bed time story

We would like this experience to be a positive one for all members of the family and have therefore put together a rough schedule for the day that allows children to experience a range of different learning opportunities. Young children will only be able to work for 20-30 minutes at a time. You will need to gauge from your child when to stop and have a go at something else.

**During this time we would advise limiting screen time to no more than 1-2 hours a day maximum.**